

*Regionals:*  
Friday 5/30 - Sunday 6/1

# Regionals Spirit Week 2014

May 26 - May 29

**MONDAY**  
**Pajama Day**



**TUESDAY**  
**Neon Day**



**WEDNESDAY**  
**'Merica Day**



**THURSDAY**  
**Black & Gold Pride!**



*Lifeworx Family - are you ready for Regionals 2014?!?!*

Celebrate Team Lifeworx making their fourth trip to the CrossFit Games Regional Competition!!!

Dress up to WOD in style every day leading up to Regionals weekend!

\*Prizes will be given to the best dressed members!